

Managing Voices & Negative Thoughts Monthly Support Group

Do you hear voices? Do you have negative thoughts?

Come and gain support and learn strategies for dealing with your voices and/or negative thoughts.

Group participation is **FREE** of charge!

When:

2nd Tuesday of every Month, 12:00 – 1:00 pm

Where:

Enterprise Resource Center 3270 Kerner Blvd. (Marin Health & Wellness Campus) San Rafael

Group is led by:

Robin Buccheri, PhD, RN, MHNP (Robin has been leading this support group for 19 years)

For more information you can e-mail: Robin at <u>buccherir@usfca.edu</u> or call her at (415) 497-0651